

PSHE Policy



St. Mary's RC Primary School

Mission Statement

- We will always open our doors wide in welcome.
- We will always love and care for each other as Jesus taught us.
- We will always place the Word of God at the heart of our School.
- We will always worship God our Father.
- We will always be witnesses to Jesus Christ by following in his footsteps.

Written by: Bernie Layfield

Date written: September 2024

Approved by governors on: October 2024

Policy will be reviewed: September 2025

This policy has been written to ensure we are meeting the requirements of National Curriculum (2014).

The Catholic ethos of the school supports PSHE through an understanding and an appreciation of what it means to be a positive and involved member of the community.

This policy links closely with school policies on:

Personal Safety
Drugs Education
RSE Policy
Science
SMSC
Collective Worship
Behaviour
Bullying
Equal Opportunities
Confidentiality Policy

What is PSHE?

PSHE encompasses all areas designed to promote children's personal, social and health development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, make the most of their own abilities and those of others.

These should be taught to prepare children to play an active role as members of a democratic society, to develop independence and responsibility, and to make informed choices about their own lifestyle.

Aims of PSHE Saint Mary's RC Primary School Primary School

Our school mission statement reflects what we hope to achieve in PSHE.

We want our children to develop self-awareness, positive self-esteem and confidence, enabling them to:

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people
- develop independence and responsibility
- play an active role as members of a democratic society
- make the most of their own abilities and those of others

- behave in a socially and morally acceptable way including towards authority and each other
- to become involved in the life of their community
- to know about democracy and how to be an active citizen
- to know about economic wellbeing.

We want our children to: -

- value the achievements they make, and the achievements of others
- make informed choices about dealing with risks and meeting challenges now and in the future.
- decide on values by which they want to live their lives.

Our school curriculum and ethos promotes spiritual, moral, social and cultural development and prepares all pupils for the opportunities and responsibilities within their lives.

Curriculum content

Our programme for PSHE uses the PSHE Association (Question based model) as the basis for our curriculum planning to meet the needs of the children in those year groups. Aspects of PSHE will also be covered within other subject teaching and in special days and weeks. In EYFS the same themes are taught each year and revisited regularly, as well as following the stepping stones for the Early Learning Goals. There will be assemblies each Monday which focus on a specific aspect of behaviour to allow one child from each class to be chosen by their teacher for 'Star of the Week'.

Delivery of Curriculum

Each half term, PSHE units are included in topic plans and wherever possible they are linked to the overall theme.

A range of teaching strategies will be used as appropriate. These will include:

Circle time, role-play, discussion – whole class, small group, 1:1, visitors e.g. PC, Fire Brigade, School Health Advisor etc., stories e.g. exploring behaviour of characters, creative activities, and pupil initiated activities.

There are weekly timetabled PSHE lessons in KS1 and KS2, and specific events and activities, as well as through other subjects. There will also be opportunities during collective worship e.g. stories and discussion, Awards Assembly. The whole school ethos promotes our work in PSHE, as set out in our Mission Statement and home-school agreement. In EYFS, it is taught throughout the whole curriculum and in circle time sessions.

Teachers will choose the method most appropriate for their whole class to meet the objectives of the lesson.

Anti-Bullying Week falls in November each year and will be covered by all classes.

These skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life.

What is One Decision?

One Decision supply a statutory framework of activities for teaching PSHE from EYFS to Year 6. It will support with its resources our teaching of topics from the PSHE Association scheme of work.

RSE At St Mary's

Education for RSE is taught following the Salford Diocese scheme of work 'A Journey in Love'. In this children will cover:

- to celebrate life as a God-given gift
- to understand life cycles and life processes
- to appreciate the notion that God intended new life to be the result of a union between (mature) male and female (in humans)
- to associate love as a special feature of this union
- to celebrate their own uniqueness
- to know by name the various parts of the human body (with Year 6 pupils) to recognise, understand and prepare for the body changes that they (and their friends) will undergo in the years ahead (puberty).

Cross Curricular Links

Links are made with PSHE in other curriculum areas as appropriate e.g. R.E., P.E., science, geography and in topic planning. There are also links made in after school clubs such as cookery and on class trips and visits.

Assessment

Children's understanding, knowledge and skills are assessed through observation, discussion and questioning and participation in groups and teachers assess the children's understanding of PSHE against the Learning objectives from the PSHE Association scheme of work.

EYFS pupils are assessed in line with the EYFS Curriculum.

Children will be involved in self-assessment e.g. talking about their own experiences, making comments on work and completing some written tasks on their PSHE folders and in special assemblies celebrating achievement.

Each year the staff will enter results onto itrack. This data will then be analysed by the subject co-ordinator.

Children will be rewarded in line with school policy e.g. golden time, stickers and certificates in Awards Assembly.

Teachers will be able to discuss progress made by their pupils. General comments about PSHE and Citizenship will be included in annual reports to parents.

Monitoring and Evaluation

Planning and samples of work, including photographs and questioning of children, will be collected by the PSHE co-ordinator on a termly basis to be kept in the PSHE class books. The book will also include input by pupils.

EYFS pupils will be assessed in line with baseline assessments and EYFS profiles.

Governors will come into school and speak to the PSHE co-ordinator when necessary. The governors will also come into school to observe and take part in other events. The PSHE team work closely to ensure that our aims are being met. The school has an action plan as part of the work towards our Healthy Schools status and will carry out self-review of those targets.

When budget allows, staff will attend courses etc. to keep up-to-date with developments. The PSHE lead will pass on to staff any further information as it becomes available and will attend any future training courses for this subject, disseminating information as appropriate.

Equal Opportunities

Provision for PSHE is in line with all of our policies. All children have equal access to the PSHE curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately. Resources etc. are sensitive to the needs and backgrounds of the children and will not reflect gender or cultural stereotypes, and are monitored annually to ensure that sensitivity.

Parental and Community Involvement

Parents are invited to join in events in school, including coffee afternoons, Awards Assemblies, masses and fairs. Parents are regularly informed of events and developments on the half term newsletter.

We also work closely with the local church, and have strong links with the parish priest. We involve outside agencies e.g. School Health Advisors, School Police liaison officer, dental health advisors etc. as much as possible to deliver aspects of the curriculum. These are highlighted in our scheme of work for PSHE and Citizenship.

This school believes that partnership with parents and the community enables us to receive specialist support and information to plan the best possible PSHE curriculum for our children.

Intent, implementation and impact of our PSHE Curriculum

Intent

To build a PSHE curriculum which develops learning and results in the acquisition of knowledge and skills which enables children to access the wider curriculum and to prepare children to be a global citizen now and in their future roles within a global community.

To design a curriculum with appropriate subject knowledge, skills and understanding to fulfil the new PSHE three strands health and wellbeing, relationships and living in the wider world. Relationship and Sex Education will be taught in line with the Salford Diocese 'A Journey In Love' scheme of work.

Children will have accurate and relevant knowledge of PSHE.

Children will have opportunities to create personal understanding.

Children will be given the opportunities to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities.

Children will develop a range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life.

Implementation

The school curriculum will focus on three core learning themes: health and wellbeing, relationships and living in the wider world.

The Scheme of work also includes opportunities to link British Values, Spiritual, Moral, Social and Cultural (SMSC) and schools key skills into the curriculum.

Children have access to key knowledge, language and meanings in order to understand PSHE and to use across the wider curriculum

Working class journals in each classroom exemplify the terminology used throughout the teaching of PSHE, British Values and SMSC which enables pupils to make links across the wider curriculum.

Whole school, Key Stage and class assemblies always make a link to PSHE, British Values and SMSC.

Impact

Children will demonstrate and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.

Children will demonstrate a healthy outlook towards school – attendance will be in-line with national and behaviour will be good.

Children will achieve age related expectations across the wider curriculum.

To ensure that children at our school are equipped with knowledge and skills that will enable them to be ready for life as an adult in the wider world.

We aim to equip children with skills that will allow them to grow into healthy and proactive members of society; who challenge stereotypes and break perceived barriers that are put in their way that stop them from reaching their true potential.

Policy Review

This policy is to be reviewed with reference to the following:-

National Curriculum.

PSHE Association

Updates from Salford Diocese